

INTRODUCTION

Liz Clarke & Company have poured a tonne of (eco friendly) glitter over our family workshop package and are delighted to unleash it into the world!

The experience comprises of workshops, a short film showing and talks. It is flexible enough to fit right in at festivals, school settings, LGBTQI+ celebrations, theatre industry events and children's theatre networks.

Celebrating all our identities, asking big questions about gender and conformity; and discovering our inner Glitter-Encrusted Compass for life's trickier times... the workshop is a nurturing, riotous yet gentle opportunity for families to have big conversations.

This offer has evolved from touring our theatre show *I'm Bitter About Glitter* a collaborative process by artists Liz Clarke (mid 40's) and Felix Council (just hit the big 1 zero)

FIND YOUR INNER GLITTER GOD WITH US

SHORT FILM SCREENING (15mins)

The documentary charts the process of making *IBAG*; the highs, the lows and the sticky issues! The film captures the joy and freedom of the live show as well as candid interviews with Liz and Felix; giving us a window into Liz's maternal practice and what its really like making intergenerational work with your family. Acting as a provocation the film will spark new and exciting conversations for families and professionals alike.

Add a dollop of glitz to your next event! (No actual glitter is used in the workshop, we know what a nightmare it is to get out of the carpet...)



FAMILY WORKSHOP (1.5 hrs)

This cross art-form creative session for families nurtures conversations about our themes in a safely held, fun and dynamic environment (Our experienced facilitators are DBS checked and fabulous)

PANEL DISCUSSIONS & TALKS

We can offer additional talks, performance lectures and breakout discussions to meet your event's needs. We are excited to provide this dynamic spark for conversations among families, audiences, schools and theatre industry alike. We'd love to talk to you about what you might envisage.

BACKGROUND

A joyful exploration of identity, belonging and choice, devised by a mother & son.

I'm Bitter About Glitter began as a conversation between Felix and Liz about not always making the same choices as everyone else, about growing up feeling different and being your own person. Felix coined the title, and they began to wonder what it would be like to make a performance together. The result is our joyful show for family audiences, and now a documentary film.

During R&D Liz plunged into issues of ethics, education, agency and accountability around making theatre with LGBTQI+ themes for and with children. She now shares these findings with companies UK wide to enable them to widen their practice with integrity and confidence. The company also wrote a statement of ethics which has informed how Liz Clarke & Company work internally and with partners. Liz also facilitates companies to shape their own statements. This work has gone on to form the basis for platforms such as *Kids, Families, Gender and Live Art* at the Live Art Development Agency.

Liz's writing on her maternal practice has been published in *Live Art & The Maternal - A LADA Studyroom Guide*, Performance Research, and articles for a-n. She has presented this work for a-n as part of a working group to create a publication on parents in the arts. Her work will also be featured in the forthcoming book on maternal practice by Emily Underwood Lee and Lina Simic.

Watch the film and trailer here:
<https://vimeo.com/showcase/5187489>



QUOTES

“It was a genuinely heart-warming display of a mother and child navigating identity and gender.”

(Razz magazine)

“It was magical!”

(age 8)

“...it showed that boys can be glittery too”

(age 10)

“At the heart of the show is a unique and much needed conversation about how expressions of identity, particularly children’s should not be dictated but given space for fluidity and most importantly FUN, which is exactly what the show delivers in heaps.”

(Tom Marshman Artistic Director, Beacons Icons & Dykons)

“A treasure to be invited into their special world of play.”

(Josh Ben-Tovim, Impermanence)

“A inspiration for us all to be more brave.”

(Audience member)

“A reminder to see the sparkle in our children and to nurture it.”

(Audience member)

“*IBAG* is an important and urgent work that is a true collaboration between parent and child. Together, and in a most tender way, Liz and Felix question gender norms and offer a vision of being who you truly want to be.”

(Ruth Holdsworth, Chinese Arts Now & independent producer)

“I am really inspired as a mother to two boys. We’re going home to dance with a glitter cannon.”

(Audience member)

MORE ABOUT THE WORKSHOP

Join us in this anarchic workshop with your family. Celebrating all our identities and inspired by the narrative of the show we will create magical lands and think big thoughts. We will use props, found poetry, sound and most importantly - your ideas to discover our inner glitter gods and give them chance to shine. We will nourish conversation around finding strength to be ourselves and what to do when the world seems a positively Un-Glittery place. We will finish with a joyous and riotous finale, with a few hidden surprises to take forward into our daily lives.

- The workshop runs for an hour and a half and will include showing the documentary film of the show (15 mins)
- Our workshop leaders are professional artists, both DBS checked
- Max capacity 20 people
- The workshop is designed for young people and their families to attend together (parents don't get to sit on the side!)
- Suitable for ages 8+
- The workshop needs a dedicated and private space for people to feel really safe and to immerse themselves in the work. We don't work in an open or drop in environment
- We will need a projector and screen/ white wall
- Participants need to sign up/book a place
- Liz Clarke & Company to provide materials



BIOS

Liz Clarke

Liz Clarke is a live artist who works in performance, writing and socially engaged practice. She explores themes of identity, conformity and acceptance on personal and societal levels, often supporting people to discover new perspectives of themselves and their worlds.

Softening boundaries and nudging our expectations, her playful style exudes glamour, grit and sparkle.

‘A glitterball in a junkyard’
Ron Athey

Her performance making processes encompass family and the art making life in all its gloriously tangled beauty. This is reflected in her work and dedication to inclusive practice.

Her maternal practice includes *I Tattooed My Baby*, (in collaboration with her daughter) investigating the expected roles of motherhood and the rights of the child, and most recently *I'm Bitter About Glitter*.

She has made performance work and designed programmes for schools, young people excluded from education and families; in association with housing charities, mental health trusts, museum services and arts organisations.

She has written extensively about her maternal practice for publications such as *Performance Research*. She has shared her work and lectured for organisations such as UWE, a-n and LADA about the ethics of making work with children.



Felix

Felix enjoys making cakes, drawing, science and rollerskating. He is very ‘Performance-y’ and his favourite colour is glitter.



COST

We offer a sliding scale for organisations large and small. We don't want to make cost a prohibitive factor in bringing this work to families so please chat to us about your budget.

GET IN TOUCH

We'd love to hear about your event and how we can tailor this package to suit your needs. Give us a call or drop us a line.

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Pack designed by alexjacksoncreative.co.uk



LOTTERY FUNDED



Supported using public funding by

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